

4/11/2023 Lec 32. Eigenstates & Eigenvalues of Angular Momentum

The generalized angular momentum operator is defined through the following relations:

$$\hat{\mathbf{J}} = \hat{\mathbf{J}}^\dagger \quad (\text{Hermitian}) \quad - (1)$$

$$[\hat{J}^2, \hat{J}_\alpha] = 0 \quad \alpha = x, y, z \quad - (2)$$

$$[\hat{J}_\alpha, \hat{J}_\beta] = i\hbar \sum_\gamma \epsilon_{\alpha\beta\gamma} \hat{J}_\gamma \quad - (3)$$

$$\text{Here } \hat{J}^2 = \hat{\mathbf{J}} \cdot \hat{\mathbf{J}} = \hat{J}_x^2 + \hat{J}_y^2 + \hat{J}_z^2 \quad - (4)$$

②, ③ $\Rightarrow$ that we can simultaneously determine J^2 & only one of the components of $\hat{\mathbf{J}}$. Conventionally, the $\hat{J}_z$ component is quantized simultaneously with $\hat{J}^2$.

Let's look for simultaneous eigenkets of $\hat{J}^2, \hat{J}_z$. Let's call these as $[|\lambda, m; \rangle]$ such that

$$\hat{J}_z |\lambda, m_j\rangle \equiv m_j \hbar |\lambda, m_j\rangle \quad - (5)$$

$$\Delta \quad \hat{J}^2 |\lambda, m_j\rangle \equiv f(\lambda, m_j) \hbar^2 |\lambda, m_j\rangle \quad - (6)$$

Note that $\rightarrow f, m_j$ are real $\because \hat{J}$ is Hermitian

$\rightarrow f, m_j$ are unitless

$\rightarrow$ since $m_j \hbar$ is only a component of $\vec{J}$

$$f - m_j^2 \geq 0 \quad - (7)$$

$$\text{Define} \quad \hat{J}_{\pm} = \hat{J}_x \pm i \hat{J}_y \quad - (8)$$

$$\Rightarrow \hat{J}_x = \frac{\hat{J}_+ + \hat{J}_-}{2} \quad - (9)$$

$$\hat{J}_y = \frac{\hat{J}_+ - \hat{J}_-}{2i} \quad - (10)$$

These satisfy:

$$[\hat{J}_z, \hat{J}_{\pm}] = \pm \hbar \hat{J}_{\pm} \quad - (11)$$

$$[\hat{J}_+, \hat{J}_-] = 2\hbar \hat{J}_z \quad - (12)$$

$$[\hat{J}^2, \hat{J}_{\pm}] = 0 \quad - (13)$$

$$(13) \Rightarrow \hat{J}^2 (\hat{J}_{\pm} |\lambda, m_j\rangle) = f(\lambda, m_j) \hbar^2 (\hat{J}_{\pm} |\lambda, m_j\rangle) \quad - (14)$$

ie. $\hat{J}_{\pm} |\lambda, m_j\rangle$ are also eigenstates of $\hat{J}^2$ with the same eigenvalue, $f(\lambda, m_j)$, as $|\lambda, m_j\rangle$

$$\begin{aligned} \text{Now, } \hat{J}_z (\hat{J}_+ |\lambda, m_j\rangle) &= (\hat{J}_+ \hat{J}_z + \hbar \hat{J}_+) |\lambda, m_j\rangle \\ &\quad \text{(using (11))} \\ &= (m_j + 1) \hbar (\hat{J}_+ |\lambda, m_j\rangle) \quad - (15) \end{aligned}$$

$\Rightarrow \hat{J}_+ |\lambda, m_j\rangle$ is also an eigenstate of $\hat{J}_z$ with eigenvalue $(m_j + 1)\hbar$.
ie. $\hat{J}_+$ raises the z-component of $\vec{J}$ by $\hbar$.

$$\text{III}^4 \quad \hat{J}_z (\hat{J}_- |\lambda, m_j\rangle) = (m_j - 1)\hbar (\hat{J}_- |\lambda, m_j\rangle) \quad (16)$$

ie. $\hat{J}_-$ lowers the z-component by $\hbar$.

$$\text{ie.} \quad \hat{J}_{\pm} |\lambda, m_j\rangle \propto |\lambda, m_j \pm 1\rangle \quad (17)$$

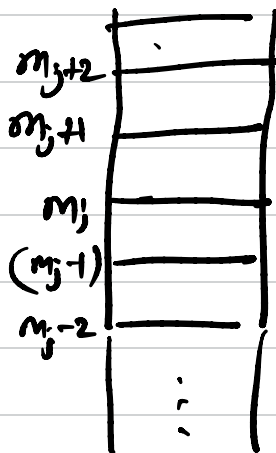
where $\{|\lambda, m_j\rangle\}$ are taken to be normalized.

In general,

$$(\hat{J}_{\pm})^n |\lambda, m_j\rangle \propto |\lambda, m_j \pm n\rangle \quad (18)$$

(18) defines a ladder of states, originating from a given m_j .

All the states have the same eigenvalue for $\hat{J}^2$, ie.
 $f(\lambda, m_j)$



But, since all $\hat{J}_z$ eigenvalues must satisfy (2) for a given f , we must have a maximum m_j^2 value. let us refer to this value as j^2 .

$$j^2 = \max\{m_j^2\} \text{ for a given } \lambda$$

$$\Rightarrow -j \leq m_j \leq j \text{ for a given } \lambda \quad \text{--- (19)}$$

$$\text{--- (20)}$$

To ensure this we must impose.

$$\hat{J}_+ |\lambda, j\rangle = 0 \quad \text{--- (21)}$$

$$\hat{J}_- |\lambda, -j\rangle = 0 \quad \text{--- (22)}$$

(Compare this with the boundary conditions on the QHO operators)

From (21) we have,

$$\hat{J}_- \hat{J}_+ |\lambda, j\rangle = 0 \quad \text{--- (23)}$$

$$\begin{aligned}
\hat{J}_- \hat{J}_+ &= (\hat{J}_x - i\hat{J}_y)(\hat{J}_x + i\hat{J}_y) \\
&= \hat{J}_x^2 + \hat{J}_y^2 + i[\hat{J}_x, \hat{J}_y] \\
&= \hat{J}^2 - \hat{J}_z^2 - \hbar \hat{J}_z \quad - (24) \\
&\quad \text{(using (3), (4) \& (5))}
\end{aligned}$$

Substituting (24) in (23) we get

$$f \hbar^2 - j^2 \hbar^2 - j \hbar^2 = 0$$

$$\text{or } f(\lambda, j) = j(j+1) \quad - (25)$$

f is the magnitude of $\vec{J}$ and remains the same for all m_j . Therefore, we can replace the quantum number λ by j which fully determines f .

$$\therefore \hat{J}^2 |j, m_j\rangle = j(j+1) \hbar^2 |j, m_j\rangle \quad - (26)$$

Starting from $|j, j\rangle$ and repeatedly applying $\hat{J}_-$ we get the states

$$\{|j, j-1\rangle, |j, j-2\rangle, \dots, |j, m_j\rangle \dots |j, -j\rangle\}$$

Thus, the only values of m_j allowed for a given j . (27)

Since this implies that for each j we have $n = 2j+1$ m_j values we have that

$$j = \frac{(n-1)}{2} \quad \text{where } n \text{ is positive integer.}$$

$$\Rightarrow j = 0, \frac{1}{2}, 1, \frac{3}{2}, 2, \frac{5}{2}, \dots$$

(28)

$\therefore j$ can have integral or half-integral values.

$$j = 0, \frac{1}{2}, 1, \frac{3}{2}, \dots$$

$$m_j = -j, \dots, j$$

$$\left. \begin{aligned} \hat{J}^2 |j, m_j\rangle &= j(j+1)\hbar^2 |j, m_j\rangle \\ \hat{J}_z |j, m_j\rangle &= m_j \hbar |j, m_j\rangle \end{aligned} \right\} \quad (29)$$

An infinitesimal spatial rotation of a position ket can be achieved using

$$\hat{D}_2(\epsilon) = \hat{1} - i \frac{\epsilon}{\hbar} \hat{L}_z \quad (30)$$

where $\hat{L}_z$ is the orbital A.M.

$$\hat{D}_2(\epsilon) |r, \theta, \varphi\rangle = |r, \theta, \varphi + \epsilon\rangle \quad (31)$$

where we have used spherical polar coordinates for the position kets.

Now, a rotation by an angle α can be achieved in steps as:

$$\hat{D}_2(\alpha) = \left(\hat{D}_2(\alpha/N) \right)^N \quad N \in \mathbb{Z} \quad (32)$$

If $N \rightarrow \infty$, then

$$\lim_{N \rightarrow \infty} \left(\hat{D}_2(\alpha/N) \right)^N = \lim_{N \rightarrow \infty} \left(\hat{1} - i \left(\frac{\alpha}{N} \right) \frac{1}{\hbar} \hat{L}_z \right)^N$$

$$= \exp \left(-i \frac{\alpha}{\hbar} \hat{L}_z \right) \quad (33)$$

where we have used the approximation to the exponential:

$$e^{-x} \approx \lim_{N \rightarrow \infty} \left(1 - \frac{x}{N}\right)^N \quad - (34)$$

$$\therefore \hat{D}_z(\alpha) = \exp\left(-i \frac{\alpha}{\hbar} \hat{L}_z\right) \quad - (35)$$

Now, $\hat{D}_z(\alpha) |r, \theta, \varphi\rangle = |r, \theta, \varphi + \alpha\rangle \quad - (36)$

$$\Rightarrow \exp\left(-i \frac{\alpha}{\hbar} \hat{L}_z\right) |r, \theta, \varphi\rangle = |r, \theta, \varphi + \alpha\rangle \quad - (37)$$

Let $|l, m_l\rangle$ be orbital A.M. eigenstates so that

$$\hat{L}_z |l, m_l\rangle = m_l \hbar |l, m_l\rangle \quad - (38)$$

$$\hat{L}^2 |l, m_l\rangle = l(l+1) \hbar^2 |l, m_l\rangle \quad - (39)$$

$$\Rightarrow \langle l, m_l | \hat{D}_z(\alpha) |r, \theta, \varphi\rangle = \langle l, m_l |r, \theta, \varphi + \alpha\rangle \quad - (40)$$

From (37) we have also that

$$\langle l, m_l | r, \theta, \varphi + \alpha \rangle = \exp(-i\alpha m_l) \langle l, m_l | r, \theta, \varphi \rangle \quad - (41)$$

For $\alpha = 2\pi$ we get

$$\langle l, m_l | r, \theta, \varphi + 2\pi \rangle = e^{-i 2\pi m_l} \langle l, m_l | r, \theta, \varphi \rangle \quad - (42)$$

Now, $\langle l, m_l | r, \theta, \varphi \rangle \equiv \psi_{lm_l}(r, \theta, \varphi)$ - (43)

is the wavefunction corresponding to $|l, m_l\rangle$. Since the wavefunction must be single-valued, and since a 2π rotation leaves the position invariant we must have:

$$e^{-i 2\pi m_l} = 1 \quad - (44)$$

$$\text{or } m_l \in \mathbb{Z} \quad - (45)$$

Since, m_l is among $\{-l, -l+1, \dots, l\}$,
(45) $\Rightarrow l \in \mathbb{Z}$.

Therefore, the integral values of j are attained for A.M. describing spatial rotations of position kets.
Orbital AM has only integral l values possible.

$$\left. \begin{aligned} l &= 0, 1, 2, \dots \\ m_l &= -l, -l+1, \dots, l-1, l. \end{aligned} \right\} (46)$$